## **■** Find Someone Who... (Lifestyle) **■**

## **Instructions:**

Walk around the classroom. Ask your classmates the questions below. If the answer is **YES**, write their name in the blank. Try to find a different classmate for each box!

Find someone who	Name	Name
exercises regularly		
eats breakfast every day		
drinks at least 8 glasses of water a day		
goes to bed before 11 p.m.		
enjoys cooking at home		
takes public transportation often		
spends time outdoors every week		
reads books or listens to podcasts		
avoids fast food		
plans their week ahead		